

UNOATE  
RINGO



Ring O

# Question 1

**The government in the UK puts a tax on cigarettes of about 80%. If a packet of cigarettes costs £4.21 how much of this is tax?**

**a) £1.21**

go to question 12

**b) £2.00**

go to question 2

**c) £3.37**

go to question 8

**d) £4.21**

go to question 4

ANNOUNCING  
**A**  
RING OF

**Ring O**

## **Answer 1**

**The government in the UK puts a tax on cigarettes of about 80%. If a packet of cigarettes costs £4.21 how much of this is tax?**

**ANSWER c:**

If a packet of cigarettes costs £4.21, £3.37 is tax (80%). The government taxes cigarettes to discourage people from smoking because of the health risks. The price of cigarettes has a significant impact on the amount that people smoke. However, in recent years there has been an increase in the smuggling of cigarettes. In some areas people are able to buy cheaper cigarettes illegally.

**Go to Question 8**



**Ring B**

# Question 1

**Where is most of the world's tobacco grown?**

**a) the United Kingdom**

go to question 11

**b) Africa**

go to question 4

**c) China**

go to question 7

**d) Spain**

go to question 9

UNION  
A  
RING



Ring B

# **Answer 1**

## **Where is most of the world's tobacco grown?**

### **ANSWER c:**

China is the biggest producer and consumer of tobacco. Almost three quarters of the world's tobacco is grown in developing countries. After China, the USA is the next largest producer of tobacco, followed by India, Brazil and Turkey.

**Go to Question 7**

UNOATE  
RINGO



Ring C

# Question 1

**Some young people smoke because they think it will help them lose weight or keep their weight under control.**

**Which of the following options is the healthiest and most effective way of becoming or staying a healthy weight?**

- a) being on a calorie controlled diet**  
go to question 4
- b) eating plenty of fruit, vegetables and carbohydrates, limiting the amount of sweets and fatty foods, and taking plenty of exercise.**  
go to question 12
- c) missing breakfast, drinking only diet drinks and avoiding eating big meals.**  
go to question 2
- d) not eating anything**  
go to question 9

SMOAKS  
ONLY  
A  
RINGS

Ring C

# Answer 1

**Which of the following options is the healthiest and most effective way of becoming or staying a healthy weight?**

**ANSWER b:**

The most effective way of staying or becoming a healthy weight is to have a balanced diet and exercise regularly. Eat:

- plenty of fruit and vegetables
- plenty of carbohydrates such as bread, cereals, potatoes, pasta, rice;
- some meat, fish or vegetarian protein alternatives each day
- dairy foods each day and drink some milk

Avoid eating too many foods that contain a lot of fat or sugar. Keep active, try to take regular exercise (3 times a week for 30 minutes). This could be vigorous walking, tennis, running, dancing or swimming.

**Go to Question 12**

UNOATE  
RINGO



Ring A

# Question 1

## What is in a cigarette?

**a) pure tobacco**

go to question 8

**b) tobacco and tar**

go to question 12

**c) tobacco, tar, nicotine and  
4,000 chemicals**

go to question 6

**d) grass**

go to question 4

UNOAKME  
A  
RING

A stack of several cigarettes, likely Ring A brand, arranged in a slightly overlapping manner. The cigarettes are white with dark filters and are set against a dark background.

Ring A

# Answer 1

## What is in a cigarette?

### **ANSWER c:**

Cigarettes contain tobacco, tar, nicotine and 4,000 chemicals. The chemicals in cigarettes include acetone, arsenic, benzene, lead, methanol, carbon monoxide, and formaldehyde. These chemicals are also contained in car exhaust fumes, ant poison, nail varnish remover, petrol fumes.

Nicotine is addictive, tar sticks to the lungs and makes it harder for smokers to breathe, and carbon monoxide makes the blood less able to carry oxygen around the body. You can see from this information that smoking is not healthy.

**Go to Question 6**